



Catherine Poulton Management

MAIAH STEWARDSON

At nineteen years old, Maiah resides between Adelaide and Melbourne, working broadly across professional and personal creative projects. Her professional screen debut was in the widely acclaimed feature *Girl Asleep* from director Rosemary Myers. With most of her background situated in the theatre scene, Maiah has undertaken several training opportunities, including participating in NIDA short courses, Estil vocal coaching, 16th Street Studio and Howard Fine workshops and, recently, an intensive masterclass with Larry Moss. This year, she will lead in Windmill Theatre Company's new work; *Amphibian*. In addition to acting, Maiah is heavily involved in Adelaide's filmmaking and writing scene - where she works with other artists to tell unique coming-of-age stories. Her other passions include spoken word poetry, physical theatre, singing and directing.

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